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## Welcome to the D73 Southern Cross Newsletter

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District 73 Toastmasters provides a mutually supportive and positive environment in which every D73 member has the opportunity to contribute to the growth and well-being of other district members. The "Southern Cross" is here to celebrate member, club, area, division, and district successes; and to share district-related and Toastmasters International information, news, and events. Together with the [D73 Website](#) and the [D73 Facebook Group](#), we aim to share ideas and opinions about improvements you would like to see in the district.

### This Month in the Southern Cross:

- [From the Desk of Liz Allwood, District Director](#)
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#### **A few words from the Newsletter Editor, Holly Buykx**

**Welcome to the October edition of the D73 Toastmasters Newsletter.**

The **D73 newsletter** is published monthly, and you are welcome to contribute an article.

If you'd like to submit news or share significant happenings at your club or in your area, please send them to me by [email](#) by the second Tuesday of the month. Photos are good too, and images in jpg (not

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## From the Desk of Liz Allwood, District Director

From Elizabeth Allwood, [District Director](#)

### Talking to strangers -

When was the last time you spoke with a stranger?

I can think of a few times I have – when a stranger walks into my Toastmasters club for the first time, and I jump in their face with a beaming smile and welcome them to our club.

I am challenging myself to speak with a stranger on the tram, in the lift, or while waiting at the lights to cross the road – and simply ask “have heard of Toastmasters?” or “I am looking for a Toastmasters club, can you help me?”

What’s the worst that could happen? They say No.

They could respond with “isn’t that to do with public speaking?” or “yeah I’ve heard of it but not sure.” I might respond with something like “ok thanks, I am sure there is a Toastmasters club around here somewhere.”

My experiment is two-fold: to challenge myself to speak with strangers outside of the club environment, and to sow the seed, plant the thought of Toastmasters into the subconscious, as you never know. Imagine if we all connected with a stranger, asking if they had heard of Toastmasters? How great would it be to have a ‘stranger’ turn up at your club and when you ask how did you hear about Toastmasters and they respond with “well, I was at the lights and this woman asked me if I knew where a Toastmasters club was...”

I am looking forward to the response of “sure do! I am a member of Toastmasters, come visit my club!”  
High five!

I will keep you updated on my progress.

Thanks for reading.

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## From the Desk of Sue Pederick, Program Quality Director

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Welcome back to my desk. It has been a whirlwind month with club contests and some area contests beginning, Region, District, Division and club meetings, zoom training discussions, launch (demo) meetings, Division training. An exciting time on the Toastmaster calendar. Thank you for your support and enthusiasm. We need all of you to fulfil your own goals to continue to make District 73 a vibrant hub of resources for all to benefit. A special thanks to the Division Directors this year for continuing to engage and support your teams, we have a great bunch helping to guide the area directors. We also have a powerful education team and I would like to acknowledge those under my network as PQD for their encouraging efforts in our District: Education and training- Karl Hughes (Vic/Tas), Giordana Cross (SA); Youth Leadership- Kelly Vieira (Vic/Tas); Pathways- Carole McCulloch (Vic/Tas); Speechcraft Coordinators- Maribel Steel (Vic/Tas), Bob Stanford (SA); Annual Convention Chair- [Catherine McGillivray](#) **Thank you for your support.**

### Contests

Contest season is in full swing, it can be exciting for some but an extremely stressful time for others. Please be kind to each other and build the team networks and remember the Toastmasters Promise you made when you were inducted. If you are unsure of anything in your contest roles please refer to the [Rulebook](#). Although the Rule book is a wealth of information it does not cover the logistics of club or area contests, see [FAQs](#). If you want the inner workings of club contests begin with your club members who have been around for a while, build on this knowledge and add your own personal touch. If you see someone struggling in their role please assist them or pass them on so I can help to give them the additional support they may require, they may need a mentor from those who have previously walked in these shoes. I am also here to assist as Program Quality Director. Sometimes these people have been unable to attend training associated with their role, engaging with others will benefit these people please feed it up the line to club executive, area directors, division directors then Program quality Director, all will be happy to assist.

If you want to **see a contest in action** look at the [District 73 calendar](#). All Area contests and above are advertised here, go along and see how they are run and grab valuable mentors. If you have any event please list it in the Calendar our superb industrious Web master, [Malcolm Brown](#) can assist for all to see.

### Leadership forum: open to All

#### District Leadership Forum open for All Toastmasters

28th October, 10am to 4pm

please [register](#)

We have workshops by:

Karl Hughes 'What is your IQ'

Christina Canters 'Supercharge your confidence'

Darrell Pitt 'Connect and communicate'

Tracy Green 'Advertising, Promotions and events'

Maribel Steel 'Speechcraft- Prospects for clubs and members'

Carole McCulloch 'Pathways- Opportunities for all' and updates on the 'Power of Possibilities'- District 73 Convention 17-19th May 2019.

**An entertaining day full of surprises and education from some powerful presenters in the District.** Please come along and enjoy this experience, open to all toastmasters.

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Our District leaders (Division and Area directors) continue their second round of formal District training on the 27th October Registrations are [open here](#)

**Division Directors** are meeting monthly via zoom to support their roles with the Trio (Liz, Sue and Vicki) for open discussion highlighting what is happening in each Division. Division director [check list](#) for additional support.

Our education and training officers Karl Hughes (Vic/Tas) and Giordana Cross (SA) are also attending these meetings and are supporting the Division directors to increase training opportunities in each Division.

**Area directors** are completing their club reports due 30th November to Toastmasters International these reports have valuable information on the inner workings of each club and are an interesting read.

Yes, we are reading these on submission. Discussions are happening around these reports on how we can support the clubs further. Area Directors must submit at least 75% of reports (Area Directors [Club Visit Report](#)) in to Toastmasters International to fulfil part of their role as Area Directors and qualify to enter the Distinguished club program: [Guide For Area Directors](#). There is a lot of discussion required for an area director report and if the clubs have completed their club success plan ([Manual](#)) this feeds clearly into the Area Director reports and assists will fulfilling requirements. If you are stuck as a district leader on 'where to next' look at the [DISTRICT LEADERSHIP HANDBOOK](#). It is a wealth of information and will help to guide you.

Each Division and area have a to do list. Have a look at the list [here](#) and what is needed to enable all to reach the Distinguished status.

Division B: B1 B2 B3 B4 B5

Division C: C7 C8 C9 C10 C11 C12 C13

Division E: E14 E15 E16 E17

Division I: I46 I47 I48 I49 I50

Division M: M20 M21 M22 M23 M24

Division N: N27 N28 N29 N30 N31

Division R: R34 R35 R36 R37

Division S: S39 S40 S41 S42

### **Club officer Training (COT)- Club Executive**

Division Directors coordinate the Club Officer Training (COT), second round begins December 2018 and goes through to February 2018: [Training Club Leaders Manual](#). If you are on the club executive please note the club constitution for additional information regarding your responsibilities: [Form 6A Club Constitution](#).

**Club Deadline for COT, 'the first round' recognition is closing on the 30th November for the club executive to be recognised in their roles. Please look at the [dashboard](#) goal 9a- if 4 club officers were trained you have completed this half of the status for the Distinguished club goal. You need 4 club officers trained in the second round that begins 1st December as mentioned above.**

***If your club is missing recognition regarding COT training that occurred between June and August 2018 let me know immediately we have until 30th November to finalise.***

**Club executive officers:** if you are having trouble working your way around Club Central here is a [link](#)

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### District 73 Achievements

**Congratulations to the following clubs** who had 7 club officers trained in the first round of COT: **Leadership SA, Carlton, Parkville, Port Melbourne, Essendon, Rowville, Mighty Docklands**. The strength of information that assists the club is invaluable. Please continue to support these opportunities to engage with others and learn how you can assist your clubs in being strong vibrant educational sources.

**Congratulations to the following new DTM (Distinguished Toastmasters) in our District** we applaud you for your tenacity in achieving this personal goal which also assist your clubs: **Heather Pemberton DTM, Aileen A'Vard DTM, Greg Lush DTM, Darrell Klar DTM**, and two 'name unavailable' members, one from **Adelaide City Club** and one from **Healesville Club**. If you are looking for more achievements from our District we are achieving in leaps and bounds, more details [here](#).

**Congratulations to our District 73 triple crowns: 5 awards- Michelle Smith; 4 awards- Emmi Godau, Kelly Vieira; 3 awards- Terry Barridge, Yu Ming Goh, Bruce Hill, Kwan Liong Ng, Sue Pederick, Heather Pemberton and Marlene Sinclair**. There are two other award achievers, they have opted for 'name unavailable' in their membership although we applaud our secret achievers as well. Details [here](#).

**Congratulations Toastmasters in D73** you are contributing to our success as Distinguished clubs, Areas, Division and District, we value your support and tenacity. What an incredible District, rich in resources, skills and talent.

Hope to see you on the **28th October, 10am-4pm, District Leadership forum** open to all. [Registrations](#) essential

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## From the Desk of Vicki Travers, Club Growth Officer

From [Vicki Travers](#) CGO

Hi Everyone,

Congratulations to all everyone who has renewed their Toastmasters membership to 31st March, 2019. As at 30th September **2524 members have renewed** and as of today, 11th October we have 2820 membership renewals. Remember if you want to compete in Club Speech Contests (if they haven't already been held) or if you are moving on to compete in Area Contests, your semi-annual fees will need to be paid before you can compete. Could all Vice President Memberships please follow up on and remind any members of your club who have not yet paid. In order for your club to become

30th September marked the end of the Smedley Award period. For the same period last year District 73 had 10 clubs were recognised as Achieving a Smedley Award. Any guesses as to how many of our clubs will achieve it this year. We are waiting on final results from Toastmasters International and soon as they are available winners will be announced and incentive prizes will be awarded.

### **What is your club doing to promote Toastmasters in your Community or**

**Corporation/Company?** As most clubs having held their contests recently why not contact your local newspaper or other media to share photos and possibly an article about what Toastmasters and speech contests are. It is a great opportunity to create awareness. When guests attend are you providing them with the best possible experience so they will want to be part of your club.

I remind you that it is important to uphold the Toastmasters Brand at all times. In the past District 73 has not always upheld the Toastmasters Brand in the way that we should have and as part of our District Success Plan we are endeavouring to make sure that we use the Brand correctly at all times. We appreciate your commitment to assisting us in meeting this goal.

Toastmasters really is a fantastic organisation. I'm proud to be part of it.

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## **Frequently Asked Questions about the Level 1 Researching and Presenting Project**

**By Kwan Liong Ng on behalf of Yakety Yaks Advanced Toastmasters Club**

This article would focus on answering some frequently asked questions about the Researching and Presenting Project. This project combines learning objectives for both the Organize Your Speech, and the Research Your Topic Projects in the Competent Communicator Manual, as well as having its own specific requirements.

### **Can the research for this project can done on any topic of interest?**

Ideally as stated in the project checklist, the topic chosen should be either a topic that one is not familiar about, or a topic that the member strives to learn more about. This enables one to utilize the research methodologies that are described in the project in an effective manner.

### **Does one require presentation slides to deliver the speech in this project?**

This is not required for the project. However, the usage of slides will facilitate the need to present a source list to the target audience, which can be displayed on the slides.



Yes. This is mentioned in the project. The source list should contain details of sources used and cited in the speech. The requirement of a source list is also mentioned in the Evaluation Form for the project, as it is contained within the "Well Researched" criteria. In order to obtain a score of 5 in this criteria, the source list must be made readily available to the audience.

### **How does one determine the organizational structure of the speech?**

Page 10 of the printed version of the project details several organizational structures that can be used. Furthermore, there is a quiz in this project that comprises of 7 questions. The quiz requires the user to identify the appropriate speech structure, based on what each individual person wants to present to the audience. These tools will help in determine the appropriate structure for the speech.

I hope that some of the answers above clears up some questions that you may have about this project. After the completion of this project, you would be one-step closer in achieving your Level 1!

[Yakety Yaks](#) is an advanced Toastmasters club that meets on the second Thursday of the month at the Multicultural Hub, Elizabeth St, Melbourne. Membership requirements are at least a CC, or a Level 3 in Pathways.

If you would like to visit us and see what we are all about, please contact us or visit us on [Easy-speak](#).

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## **YARRA VALLEY MYSTERY TOUR**



**Self- Drive Mystery Tour of the Yarra Valley.  
Saturday 17 Nov 2018**

**BBQ starts at approx. 5.30pm**  
**Cost \$20 for the tour (12 and up)**  
**Cost \$10 for the BBQ (12 and up)**  
**Under 12 free.**

Book [here](#)

The organising committee of Nola Sharp, Judy Murphy and Marlene Sinclair invite you to join us with a car/s filled with friends, family and frivolity. Discover how good your combined navigation and observation skills are. Time at checkpoints will be generous.

Bring at least one smartphone per car, comfortable walking shoes and a sense of enthusiasm for all that will be on offer.

You will have an opportunity to purchase local produce from farm gates. A complimentary Devonshire Tea will be served in the grounds of an historic homestead.

You will **not** visit any wineries but there will be fun challenges at three locations. Points will be awarded depending on the demonstrated skills of each car team. How scary could that be????

A BBQ is on offer at the end of the mystery tour at a cost of \$10.00 pp. Bring a chair and BYO drinks and glasses and leave only when **you** are ready.

Funds raised will assist Convention 2018/19 committee to reduce costs to attending Toastmasters.

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## Southcoast Speakers Toastmasters

**Submitted by Patricia Hanrahan on behalf of Southcoast Speakers**

We would like to invite any members from other clubs in District 73 to attend at **Southcoast Speakers Toastmasters, San Remo Victoria**, to deliver their speeches.

We are a club in need of injecting life, with a member base of just 8, we welcome the opportunity to hear other members deliver their speeches at any of our meetings.

We meet the 2nd and 4th Wednesday evening at the San Remo Hotel, 145 Marine Parade, San



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evaluation in the manuals, or for their pathways journal.

[Southcoast Speakers Toastmasters](#)

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## Coming Events - Save the Date!



One year after the astounding celebration that was the 1,000th meeting, we at Frankston Toastmasters are pleased to announce this award winning club is celebrating its **45th anniversary** on December 5th, 2018. We invite all past and present members along with partners to join us on this special occasion.

**Save the date; more information to come!**

# SAVE THE DATE!

## District 73 Annual Convention

"The Power of Possibilities"

Novotel Hotel, St Kilda

Friday 17 May - Sunday 19 May 2019

*Tickets available soon!*



## EDUCATIONAL EXCELLENCE

**Congratulations** to the District 73 members who achieved educational awards last month.

**September 2018**

<u>Award</u>	<u>Member</u>	<u>Club</u>
Leadership Excellence(LDREXC)	01162754 - Name unavailable	Ringwood Toastmasters Club
Leadership Excellence(LDREXC)	Simoes Vieira, Kelly Regina	Cranbourne Toastmasters Club
Competent Communicator(CC)	04364554 - Name unavailable	Mawson Lakes Toastmasters
Competent Communicator(CC)	04726254 - Name unavailable	Wangaratta Toastmasters
Competent Communicator(CC)	05912918 - Name unavailable	South Yarra Toastmasters
Competent Communicator(CC)	Barridge, Terry David	Warragul Toastmasters Club
Competent Communicator(CC)	Burchett, Naomi	Mighty Docklands
Competent Communicator(CC)	Chuah, Sylvia	Surrey Hills Toastmasters Club
Competent Communicator(CC)	Copland, Peter John	Synergy Toastmasters Club
Competent Communicator(CC)	Keightley, Gareth	Metro Trains Toastmasters Club
Competent Communicator(CC)	Mudge, Jan M.	Northern Stars Toastmasters Club

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Competent Communicator(CC)	Perera, Shehan	Metro Trains Toastmasters Club	
Competent Communicator(CC)	Shetty, Vaishali Ravindra	Pentana Solutions Toastmasters Club	
Competent Communicator(CC)	Steel, Maribel	Glen Waverley Club	
Competent Communicator(CC)	Stokes, Danielle	Hobart Toastmasters Club	
Competent Communicator(CC)	Tuck, Ricky James	Melton Toastmasters Club	
Adv Communicator Bronze(ACB)	Lingampally, Venkateshwar	Synergy Toastmasters Club	
Adv Communicator Bronze(ACB)	Pederick, Susan Jane	Mount Barker	
Adv Communicator Silver(ACS)	01099425 - Name unavailable	Northern Stars Toastmasters Club	
Adv Communicator Silver(ACS)	Philippe, Joanne M.	Melton Toastmasters Club	
Adv Communicator Silver(ACS)	Sivakumaran, Mala	Dandenong Toastmasters Club	
Adv Communicator Gold(ACG)	Walliker, Simon Anthony	Frankston Toastmasters Club	
Competent Leader(CL)	Bos, Gerrit Wouter	Kingston Communicators Club	
Competent Leader(CL)	Dalen, Tina F	Croydon - Yarra Valley Toastmasters	
Competent Leader(CL)	Godau, Emmi	Nillumbik Toastmasters Club	
Competent Leader(CL)	Mudge, Jan M.	Northern Stars Toastmasters Club	
Competent Leader(CL)	Pont, Aurore	Dandenong Toastmasters Club	
Competent Leader(CL)	Sinclair, Marlene C.	Croydon - Yarra Valley Toastmasters	
Competent Leader(CL)	Smith, Michelle K.	Synergy Toastmasters Club	
Competent Leader(CL)	Tajin, Rukhsana	Hume Toastmasters Club	
Competent Leader(CL)	Tew, Di	Ringwood Toastmasters Club	
Competent Leader(CL)	Vandenberg, Anna	Glen Iris Toastmasters Club	
Adv Leader Bronze(ALB)	Bromley, Carol	Mount Barker	
Adv Leader Bronze(ALB)	Wu, Cindy	Manningham	
Adv Leader Silver(ALS)	Pederick, Susan Jane	North Adelaide Toastmasters Club	
Dynamic Leadership(DL1)	Adhikari, Anil	Smashing The Envelope	
Dynamic Leadership(DL1)	Lider, Iwona	Glen Waverley Club	
Dynamic Leadership(DL1)	Marcellus, Ennes	Manningham	
Dynamic Leadership(DL1)	Prabhu, Raghu	Ringwood Toastmasters Club	
Dynamic Leadership(DL2)	Hill, Bruce	Talking Point At Docklands	
Effective Coaching(EC1)	Mathieson, Sue	Berwick Club	
Innovative Planning(IP1)	05068074 - Name unavailable	LMC Toastmasters Club	
Innovative Planning(IP1)	06782379 - Name unavailable	The Wafflers Toastmasters Club	
Innovative Planning(IP1)	Cesco, Peter Colin	Aldinga Toastmasters Club	
Innovative Planning(IP1)	Chen, Yajie	Deakin University Toastmasters Club	
Innovative Planning(IP1)	Dolman, Bryce Jon	Tea Tree Gully Toastmasters Club	
Innovative Planning(IP1)	Halloran, Charles A.	Wangaratta Toastmasters	
Innovative Planning(IP1)	Pienaar, Kerry J.	Raconteurs Toastmasters Club	
Innovative Planning(IP1)	Saward, Leanne	LMC Toastmasters Club	
Innovative Planning(IP1)	Yergaliyeva, Aishat	Adelaide Central	
Innovative Planning(IP2)	Legg-Bagg, Peter	Chadstone Oaks	
Innovative Planning(IP3)	Elengovan, Benjemen	Chadstone Oaks	
Innovative Planning(IP4)	Elengovan, Benjemen	Chadstone Oaks	
Leadership Development(LD1)	DeKing, Sharon	Williamstown Club	

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Motivational Strategies(MS1)	Rivera, Maria	Chadstone Oaks	
Presentation Mastery(PM1)	Barclay, Andrew Stuart	Dandenong Ranges Club	
Presentation Mastery(PM1)	Wilson, Peter	Port Melbourne Toastmasters	
Presentation Mastery(PM2)	05902260 - Name unavailable	Quintessence Club	
Presentation Mastery(PM3)	06044280 - Name unavailable	Chadstone Oaks	
Presentation Mastery(PM4)	06044280 - Name unavailable	Chadstone Oaks	
Presentation Mastery(PWMENTORPGM)	05902260 - Name unavailable	Quintessence Club	
Strategic Relationships(SR1)	05635174 - Name unavailable	Adelaide City	
Team Collaboration(TC1)	Welch, Matthew	Mount Barker	
Team Collaboration(TC2)	Goh, Yu Ming	Raconteurs Toastmasters Club	
Team Collaboration(TC3)	Smith, Michelle K.	Synergy Toastmasters Club	
Visionary Communication(VC1)	McCulloch, Carole M.	Wangaratta Toastmasters	
Visionary Communication(VC1)	Stopp, Fiona Jane	Quintessence Club	
Visionary Communication(VC1)	Wallis, Sharon	Tuesday Chatters	
Visionary Communication(VC2)	McCulloch, Carole M.	Wangaratta Toastmasters	
Visionary Communication(VC2)	Stopp, Fiona Jane	Quintessence Club	
Visionary Communication(VC4)	Ng, Kwan Liong	Melbourne University Toastmasters	

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## Speechcraft

Speechcraft is a short course run by Toastmasters that covers the basics of public speaking. It's been described as 'jet-powered learning' by participants, and typically runs for four, six or eight weeks. Group sizes are kept small – usually eight to twelve participants.

District 73 Toastmasters can also run a Speechcraft course at your work. Contact us and we can send a team of our experienced Toastmasters to your company so your employees can learn without even leaving the office.

### What do we teach?

Taking a Speechcraft course will help you improve your communication skills and self-confidence. You will learn how to:

- deal with nerves and anxiety
- write and deliver prepared speeches
- improve your impromptu speaking ability
- learn how to give and receive feedback

**For More Details on Available Speechcraft Courses.**

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## A TOASTMASTERS PROMISE

**As a member of Toastmasters International and my club, I promise...**

- To attend club meetings regularly
- To prepare all of my projects to the best of my ability, basing them on the Toastmasters education program
- To prepare for and fulfil meeting assignments
- To provide fellow members with helpful, constructive evaluations
- To help the club maintain the positive, friendly environment necessary for all members to learn and grow
- To serve my club as an officer when called upon to do so
- To treat my fellow club members and our guests with respect and courtesy
- To bring guests to club meetings so they can see the benefits Toastmasters membership offers
- To adhere to the guidelines and rules for all Toastmasters education and recognition programs
- To act within Toastmasters' core values of integrity, respect, service and excellence during the conduct of all Toastmasters activities

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The Southern Cross values your input. If you have a Workshop, Special Event or something wonderful to share with the other members of District 73, contact the [Southern Cross editor](#) .

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