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Welcome to the D73 Southern Cross Newsletter

You are receiving this email because you are a current member of District 73 Toastmasters. To unsubscribe please see the [unsubscribe](#) at the bottom of this email.

District 73 Toastmasters provides a mutually supportive and positive environment in which every D73 member has the opportunity to contribute to the growth and well-being of other district members.

The "Southern Cross" is here to celebrate member, club, area, division, and district successes; and to share district-related and Toastmasters International information, news, and events. Together with the [D73 Website](#) and the [D73 Facebook Group](#), we aim to share ideas and opinions about improvements you would like to see in the district.

This Month in the Southern Cross:

- [From the Desk of Liz Allwood, District Director](#)
- [District 73 Conference Update - Ticket Opportunities](#)
- [From the Desk of Sue Pederick, Program Quality Director](#)
- [From the Desk of Vicki Travers, Club Growth Officer](#)
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A few words from the Newsletter Editor, Holly Buykx

Welcome to the December edition of the D73 Toastmasters Newsletter.

News from Toastmasters International has caught my eye this month... a new pathway on [Engaging Humour!](#) The eagle-eyed amongst you will notice that I added an extra letter there... there are engaging possibilities and humour to be found already in the different ways English is used around the world!

Back to the D73 newsletter... it is published monthly, and members in the District are welcome to contribute an article, to share news, events or significant happenings at your club or area. Please send them to me by [email](#) by the mid-month (14 March). Photos are good too, and images in jpg (not pdf).

From Elizabeth Allwood, [District Director](#)

Attended the Second round of District Leader training was bitter sweet for me, as the realisation that it was my last swept over me on day two of training. Toastmasters have given me the opportunity to build my leadership skills and grow as an individual. I look back on the person I was when I joined Toastmasters and am super proud of the progress I have made. I encourage you to take every opportunity in your club, and put your hand up to help with events across the organisation as it's the perfect place to practice, to fail, to practice again – I know from experience. If you are thinking about stepping up to a leadership role in your club, or in a District role, dive in and do it.

At mid year training Dan Rex, CEO of Toastmasters International reminded us about branding and the importance of keeping true to the Toastmasters brand (I've attached a [quick clip here](#) for you to watch). In this video I like what Dan says about leadership. Let me know your thoughts.

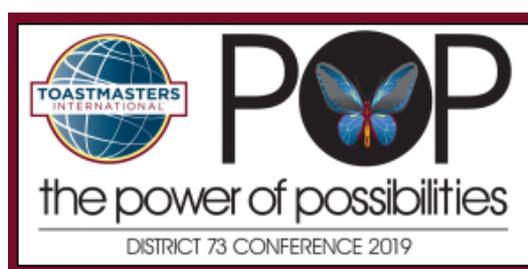


On the plane trip home, I sat next to a young lady and we started chatting – she asked me what I had been doing in California – Yes you guessed it – I told her about Toastmasters. She laughed and her reply was “we were meant to sit together! While in Seattle my friend's dad encouraged me to join Toastmasters as it would help me with my career.” There you go – talk to a stranger you just never know!

Looking forward to seeing many of you at second round Club Officer Training and at the Division contests coming up.

Remember to [register here](#) for the District 73 Annual Conference “The Power of Possibilities”

District 73 Conference Update - Ticket Opportunities



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said "We learn best in moments of enjoyment" and The Power of Possibilities Conference will certainly be enjoyable.

Book early to attend this fabulous event with international presenters, local talent and all of our very best Division contest winners it is a weekend not to be missed:

[District 73 Conference 17th -19th May 2019](#)

From the Desk of Sue Pederick, Program Quality Director

From [Sue Pederick](#) PQD

This is one of the busiest times on the District calendar with Toastmaster Leadership training TLI or COT (1st December-28th February) and Division contests (February and March) in full swing.

If you are a Club Officer we would like for you to attend the 2nd round of training which is a requirement for your club to achieve a Distinguished club point. We have a District leadership forum on the 7th April, followed by the Annual Conference on the weekend of the 17th -19th May. Check out the [D73 calendar](#).

As we go through this time we need to be as supportive as possible for all Toastmasters the competitors and club officers are all doing their best in their roles if you can assist please put your name forward; I am sure you will be promptly welcomed to assist.

There are many questions that are asked from time to time on all aspects on Toastmasters and these [Frequently Asked Question](#) guides from Toastmasters International can be very helpful.

Please keep up to date with the District calendar for all events, Malcom Brown via [email](#). He can place your special event on the calendar of all events across the District. Please let Liz Allwood know and cc her in as well, she overviews the web site. Both Liz and the calendar are valuable resources. If you have something happening let us all know so other members can attend and enjoy the function, and the opportunity for the District members to engage and build networks.

There are many useful hints sent out in the Southern Cross Newsletter each month. You can contribute to the information shared by our District 73 newsletter editor, the incredible and patient Holly Buykx, is always looking for items to be published. Share some news and check out the archive [here](#).

Important news regarding District roles- confirmed with Toastmasters International: If you are interested in applying for one of the trio roles (District director (DD), Program Quality Director (PQD) or Club Growth Director (CGD) or one of the eight roles as a Division Director in District 73 then you cannot show your intent if you are competing. All other roles such as Area Director, and the other roles ([listed here](#)) can now be nominated to Christine Dimitros, the District nominating chair by [email](#). Area directors can be from within or outside an area, and can be voted on at the Area council meeting by those who know them. Reinforcing again - if you are interested in being an Area director you can compete and be voted on at an area council meeting into this role for the upcoming term simultaneously. Get your upcoming Area directors in place, to be supported when the roles change at the end of June.

Division Contests

An opportunity to see the best of the best speakers in your own Divisions share their talent as they compete for each winning title across the four contests we hold in District 73 (International, Table topics, Evaluation and Humorous). Your talented competitors, one from each Division will then move to the next round, the District 73 contests held at the District conference 17th- 19th May 2019. There are eight Divisions in the District so fierce competition for this final round in three of the four contests. The winner of the International contest goes on to the world championships with a well

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See **table below for the remaining Division contests** in progress, we have already had Northern and Eastern contests and looking forward to the next few over February and March as we all enjoy the best of the best speakers present in the District.

Division Director	Division	Date and Venue
David Hughes	BASS	23rd March: Southern Community Church of Christ 2-12 Chesterville Road (Cnr Chesterville Rd & Nepean Hwy) Cheltenham VIC
Michelle Smith	CENTRAL	16th March: Club Marion- 262 Sturt Rd, Marion SA
	EASTERN	completed
Alan Lim	INNER CITY	2nd March: Port Melbourne Community Room at Level 1, 147 Liardet Street, Port Melbourne VIC
Yvonne Gluyas	METRO	3rd March: Melbourne Multicultural hub, 506 Elizabeth Street, Melbourne, VIC
	NORTHERN	completed
Justin Shumack	RANGES	24th March: Pentana Solutions - 549 Blackburn Road Mount Waverley Vic
Danielle Jones-Resnick	SOUTHERN	24th February: South Melbourne Community rooms, Ferrars place.
Division Directors are responsible for Coordinating the Division contests		
Further details including time on the District Calendar: https://d73.toastmasters.org.au/events_calendar/		

For all contestants and officials please keep an eye on the [rulebook](#). As a competitor you should also study the ballot for each of the contests as this is what you will be judged on; go to digital file for [freely downloadable kits](#).

Club Leadership training (Club Officer training/Toastmasters Leadership Institute)

Round 2, 1st December 2018 until 28th February 2019

The Division Directors are busy organising the Club leadership training (COT/TLI). These training sessions are coordinated by the Division Directors for recognition in the Distinguished club program to fulfil their [responsibility](#) in their role. [Training Club Leaders Manual](#) can also assist the Division directors and others for support. Further support can be found in [Club Officer Tools](#) and for [VPPR information](#).

There is a monthly VPPR session on the [District calendar](#) hosted by Tracy Green, via zoom.

Club presidents are responsible for encouraging their 7 club executive team members to these sessions to enable a well-educated team to support their members. All 7 executive positions would be filled where possible. However, a club must have a minimum of three officers: the president, a vice president and the secretary or secretary-treasurer, and each of these offices must be held by a different person. Further information for club officers [here](#), in the Club Leadership [Handbook](#) and [Form 6A Club Constitution](#) which share valuable information on all club executive officer roles. Division Directors will share the District alignment plan at their training.

If all 7 club officers attend COT/TLI training you **go into the draw to win a ticket to the District Conference**. There are 8 Divisions so 8 tickets. We will draw clubs out of a hat to see who wins the ticket for each Division, for clubs with all 7 club officers in attendance. You can attend any club officer training you wish it does not need to be in your Division. Register for Club officer training [here](#) and sign off your attendance.

Education and training workshops SA/Vic/Tas

Many educational and training [workshops](#) are underway with Central Division (South Australia, Giordana Cross) and in Victoria and Tasmania (Karl Hughes). Please check out the [District calendar](#) to see when events are on. Anyone can attend dates in the district.

District Leadership forums

The next District Leadership forum will be held on the **7th April 2019**. With Pathways, Free toast Host/ Easy Speak and an incredible 3 hr workshop. Open to all members in the District 10am-3pm Sunday 7th April, Nurses Memorial, 431 St Kilda Rd, Melbourne (enter via Slater Street). Registrations will be advertised soon.

Celebrating District Achievements

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contests so you can be acknowledged as such in front of your peers.

Congratulations to all members who are working on achieving their educational goals which are updated daily [here](#) and recorded in the [archive](#). These members are committed to the program as we support our members in achieving their own [goals](#).

Pathways

We are all achieving well not only in the traditional legacy program but in [Pathways](#), both programs supported until 30th June 2020. From 1st July 2020 only the [Pathways](#) program will be supported. Local support is on hand as more members work through the [pathways](#) program.

District roles- additional opportunity- Club coach

Opportunities have now arisen in through Toastmasters International recognising Club coaches until June 2020 as District roles, as member numbers need to be increased to base level if 20 and over or an increase of 5 members if the club is below [base level](#). This gives a wonderful opportunity to complete your Distinguished Toastmasters status. Contact Donna Summer (D73 [Club coach coordinator](#)) for opportunities to support clubs and achieve your own goals as a club coach.

District alignment

Every year districts align to review and amend areas and divisions where necessary. The first round of alignments are in from first round discussions and these will be shared with each Division Director to take to the Division Club officer training. If you wish to offer some input, please contact me. This information will be shared with clubs once the alignment committee considers the best way according to Policy and Protocol 7.0 District Structure, Club assignments in the Governing Documents. The alignment committee will discuss club growth, club loss, geographic location, area director input, prospective clubs and expected growth, and distinguished programs. All areas must consist of 4-6 clubs and can have 3 clubs if an effort to charter a 4th club is in progress. Once our plan is in place the draft will be shared with Executive members and put forward for voting on at the District council meeting in May 2019.

Finale.....

Anyone reading this newsletter and sharing this information with their clubs and engaging with the Toastmasters promise which underpins the Toastmaster organisation is to be applauded for your support; we all are working towards helping and backing each other to the best of our abilities. **Share the resources**, not everyone sits at their computer daily/hourly or continuously. Some take a while to catch up on news and events. It is up to the whole Toastmaster community to share with members so all can be informed. There are many opportunities and resources on offer with [Toastmasters International](#), District 73 [website](#), newsletter [archives](#).

Thank you to the **Division Directors**: Bass (David Hughes), Central (Michelle K Smith), Eastern (Tiffany Duong), Inner City (Alan Lim), Metro (Yvonne Gluyas), Northern (Claire Mehtonen), Ranges (Justin Shumack), Southern (Daniele Jones-Resnick) for continuing to engage and support your teams, we have superb leadership guiding the area directors.

All Division Directors are looking for their successors, if you are interested in this role look at the information and guidelines for each of the District [leadership roles](#).

We have already enjoyed the Division contests for Northern and Eastern, keep an eye on the District 73 calendar for more events in the District.

Thank you to the [Education team – Training and Education](#): Karl Hughes (Vic/Tas), Giordana Cross (SA); Youth Leadership- Kelly Vieira (Vic/Tas); Pathways- Carole McCulloch (Vic/Tas); Speechcraft Coordinators- Maribel Steel (Vic/Tas), Bob Stanford (SA) outgoing and incoming Emma Hiscock (SA); D73 Annual Conference Chair- Catherine McGillivray thank you for your support; we all grow and expand as our knowledge increases.

It has been great to meet so many members in this role as PQD, attending 36 area contests and many COT/TLI, all of the district forums and associated meetings and looking forward to seeing many at the Division contests and of course our **District conference in May**.

Build the camaraderie in the District, support each other where you can and if things don't happen as planned use the

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Region 12 !! Regions and District Map - Toastmasters International - We are rich in resources, skills and talent please continue to share so we can all grow.

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From the Desk of Vicki Travers, Club Growth Officer

from [Vicki Travers](#) CGO

What a wonderful time Liz, Sue and I had at District Leader Training in California. We definitely are part of an amazing organisation which really has the success of each individual member uppermost in all they do.

Talk up Toastmasters

Talk up Toastmasters is the second of the membership building programs run by Toastmasters International.

"The "Talk Up Toastmasters" membership program is the chance to encourage your members to invite guests to a special meeting where prospective members can learn about Toastmasters' many benefits. Then add five new, dual or reinstated members with a join date between February 1 and March 31, and you'll receive a special "Talk up Toastmasters" ribbon to display on your club's banner. Qualifying clubs can also earn a special discount code for 10-percent off their next club order".

District 73 are once again offering incentives to clubs who achieve an Award during the "Talk Up Toastmasters" membership building program period. All Clubs achieving "Talk Up Toastmasters" will go in a draw for incentive items. These include: Chat Packs & Table Talk Cards, sets of Word of the Day cards and Club Ribbon Packs.

As well as Club Membership Building Programs Toastmasters also have membership building programs for individual members. *"When you sponsor five or more new members within one program year, you will receive the following: a unique blue pin for five members, a unique burgundy pin for 10 members, and for sponsoring 15 new members, you will qualify to receive a special discount code for 25% off your next product purchase from the Toastmasters Online Store. (Discount is not valid with any other offer and is for your individual use only.)"*

*"To receive credit as a sponsor, your name and home club number must appear on the new membership application. Please print or type information legibly. No changes can be made to the applications once they are received by World Headquarters. New, dual and reinstated members count for credit; transfer and charter members do not. The new members join dates must fall within the July to June range. All applications and payments must be received at World Headquarters **no later than June 30.**"*

I encourage each club to look at new ways to increase the number of members in your club. Think about what the Toastmasters program has done for you and share your story with others.

Branding

The Toastmasters International Brand Promise is: "Empowering individuals through personal and professional development".

At our recent District Leaders Mid-year Training we participated in a session on Toastmasters International Branding and its use. It was a timely reminder of the importance of always using the Toastmasters branding in the way it was intended to be used, and not distorted to suit our various purposes. This includes but is not limited to: club banner (new branding), your club website, certificates presented, club contest trophies (should be from Toastmasters International), materials given to prospective members and, most importantly, the way that we run our meetings. Ask yourself: Will

it is so important that what you do in your club gives a true indication of the best Toastmasters experience.

Please ensure that you uphold the Toastmasters Brand in all that you do.

Club Coach Appointments

Club Coaches are available to clubs who have a membership of 12 or less. Recently we received the following letter from Toastmasters International regarding the process for Club Coach appointment requests. I am sharing this letter for your information and awareness of what Toastmasters look at when considering a Club Coach appointment.

"Dear District Leaders,

With less than six months left in the program year, it is now more important than ever to ensure all the clubs within your district are receiving the support they need to finish the year strong. Many of you are looking to appoint coaches to clubs with low membership or diminishing engagement.

To help you better understand what happens when appointment requests are received by World Headquarters, following are the steps taken to ensure all the requirements of the coach and club are met to meet the requirements of the program.

- Appointment requests are reviewed to ensure the member being appointed is not currently a paid member of the club.
- The club being assigned a club coach, meets the following qualifications:
 - The club must have at least one but no more than 12 paid members at the time of appointment.
 - The club must not be suspended or closed.
 - The club must not have more than two coaches appointed at one time.
 - The team further reviews the history and strength of the club by checking how frequently and recently the club has earned recognition within the distinguished club program and how many goals the club has achieved in the current program year.
 - The longevity and accomplishments of the current members, along with recent education award submissions is reviewed.

If there is any question on the validity or integrity of the appointment, we will communicate in writing, with the club's officers and the club growth director to confirm the needs of the club and its members to obtain a better understanding of the need for a club coach. Again, our intention is to help the club.

Thank you for your continued support in ensuring all clubs achieve excellence this program year. If you have any further questions on the club coach program, please check our FAQ page and do not hesitate to reach out to our Club and Member Support Team at clubcoach@toastmasters.org.

Darci Maenpa

Chief Member Engagement and Support Officer
Toastmasters International

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From the Desk of Tracy Green, Public Relations Manager

From [Tracy Green](#) PRM

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When are the PR initiatives due?

Can I have a PR budget?

Do I need permission to use club photography?

PR Promotion:

Reminder that club website submissions are due!

Does your club have the **WOW factor**? Don't forget the 2 PR initiatives: 1) Club website and 2) Club video.

Club website promotion

- Maintain an attractive active club website with current TI branding. Include website activity with your submission i.e. how many hits
- Due: Friday 22nd February 2019
- NB: A panel* will assess entries for the winner
- Prize – VPPR with the best club website will gain a 2019 D73 conference ticket (excludes transport and accommodation)

**The panel will consist of the district trio plus randomly selected Area Directors (one from each division)*

Club Photography permission

Whilst it is wonderful to capture those memorable moments in our club, it is important to remember, as per the TI website - if you have photos, videos or recordings of people and plan to publish them in print or online, you must obtain permission from all people depicted in those photos via a signed release form.

[Photo Release Form](#)

[Video Release Form](#)

Budget

Do you have a PR budget?

If not, can I suggest that when preparing the budget for the next club year you consider including something to cover PR i.e. Facebook ads, signage, visitor pack. However when planning your budget please ensure you adhere to the TI Club Constitution. I have extracted a small component of Article XI:

Club Constitution: Article XI

Most clubs have a treasury in which they keep funds for club use. The Toastmasters program is designed to be supported by members through club dues.

Clubs may also raise funds on a limited basis.

Each club should prepare a budget at the beginning of the year to designate income and expenses. A majority of the club members should approve the budget, as well as any unanticipated expenses throughout the year.

Authorized uses include:

- Educational/administrative materials for club/member use
- Meeting place rental fees (if applicable)
- Refreshments for club meetings (must be approved by the club)

Unauthorized uses include:

- Pathways educational materials
- Parties and social gatherings
- Donation of money to causes or individuals
- Scholarships
- Payment of dues for individuals

What more information? Have a PR question? You are most welcome to attend the next PR Zoom session

Next PR Zoom session:

Sunday 24th February at 7p.m.

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RUN THE RED! Guinness World Record

from Rob Wightman DTM, Public Relations Manager - District 112

To ALL Region 12 Toastmasters

District 112 with Auckland Advanced Toastmasters club in New Zealand is organising a speech Marathon in April, to which all Toastmasters in the Region who happen to be in New Zealand are invited to take part.

The purpose is to rise the profile of Toastmasters where ever they happen to be.

IF You like a challenge? Then **RUN THE RED is for you !**

We need 380 Toastmasters giving 2 speeches, 1 day, 1 night, to break the Guinness World Record Speaking Marathon of 126 hours and 28 minutes.

We encourage you to register as soon as possible to get the choice of shifts. Each shift will be a 4 hour meeting with all speakers taking on meeting roles as well.

Dates: 21st to 26th April 2019

Location: Waipuna Hotel, Auckland, NEW ZEALAND

Hosted By: District 112

Register here www.toastmasters.org.nz/events/run_the_red

More detailed information will be put up on the Registration page as it becomes available.

Toastmasters from around the world are flying in to be a part of this historic event... Don't miss out!

RUN the RED is for every Toastmaster who happens to be in Auckland from April 21 - 26. If you are coming from outside New Zealand, hurry and sign up now. Let's have some fun and let the world know ...

That TOASTMASTERS means CONFIDENCE

Supported by Guinness World Records and Waipuna Hotel and Conference Centre

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Southern Cross Toastmasters Club celebrates 30 years!



from Helen Mikolaj ACB, ALB

Vice President Public Relations, Southern Cross Toastmasters Club

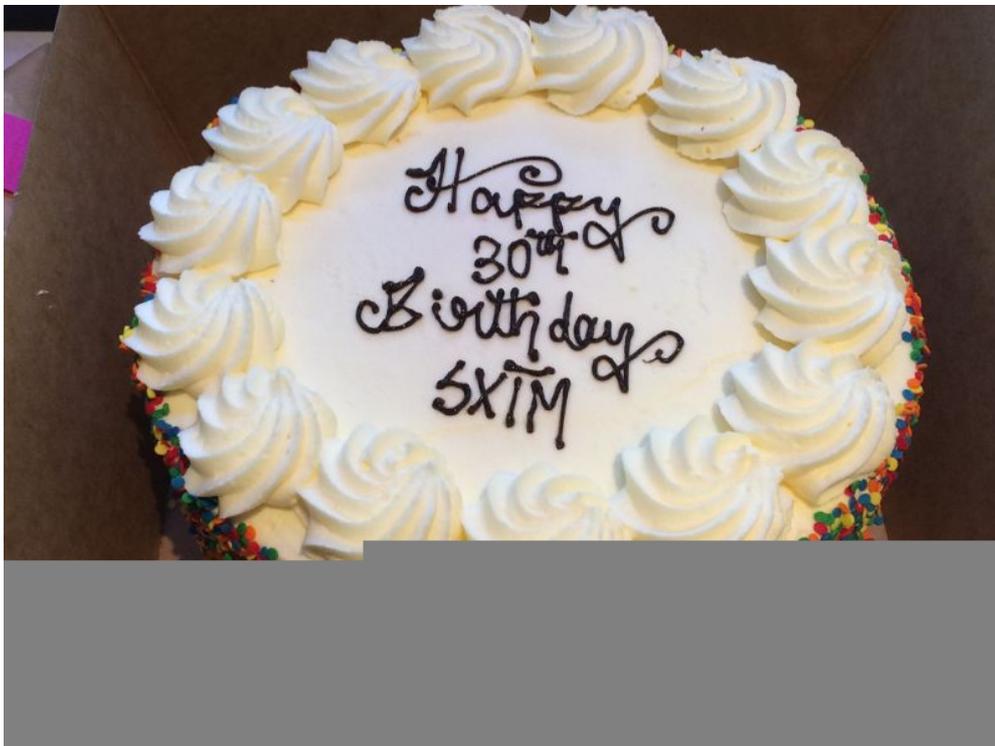
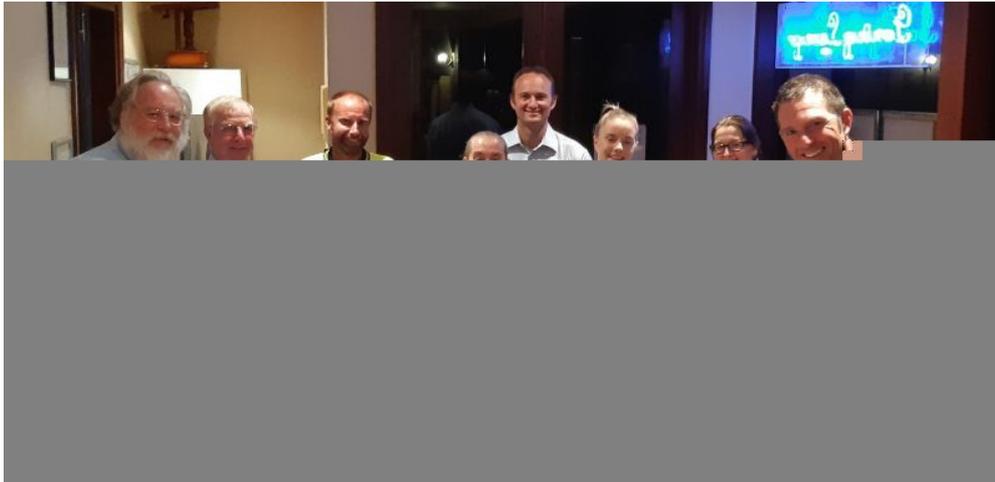
On 13th February 2019, Southern Cross Toastmasters Club celebrated their 30th Anniversary since Chartering (certificate below).

The club is still going strong with 22 members and 2 new members in the wings.

Southern Cross was established first at St Marys, then moved to Belair and onto Flagstaff Hill. We now meet at St Francis Winery Resort, Bridge Street, Old Reynella.

Southern Cross is a dinner club and very friendly and social. The club meets on the 2nd and 4th Wednesday of the month at 6.30pm for a 6.45pm start. Visitors are always welcome.

Congratulations Southern Cross Toastmasters Club!



Coming Events

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the power of possibilities

DISTRICT 73 CONFERENCE 2019

District 73 Annual Conference

"The Power of Possibilities"

Novotel Hotel, St Kilda

Friday 17 May - Sunday 19 May 2019

Tickets [available now!](#)

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EDUCATIONAL EXCELLENCE

Congratulations to the District 73 members who achieved educational awards last month.
January 2019

Award	Member	Club
Distinguished Toastmaster (DTM)	Smith, Michelle K.	Rev-Anew
Competent Communicator (CC)	03136044 - Name unavailable	Caterpillar of Australia
Competent Communicator (CC)	Anchan, Namrita	Mighty Docklands
Competent Communicator (CC)	Bignell, Jacqueline	Port Melbourne Toastmasters
Competent Communicator (CC)	Blythe, Daniel Mark	Werribee Toastmasters Inc.
Competent Communicator (CC)	Knight, Peter	Werribee Toastmasters Inc.
Adv Communicator Bronze (ACB)	Cutler, Ben	Whitehorse Club
Adv Communicator Bronze (ACB)	Howard, Ian	Albury/Wodonga Toastmasters Club
Adv Communicator Bronze (ACB)	Lepore, Armando	Rev-Anew
Adv Communicator Bronze (ACB)	Pont, Aurore	Dandenong Toastmasters Club

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Adv Communicator Silver (ACS)	00010700 - Name unavailable			Toorak Toastmasters
Adv Communicator Silver (ACS)	Horoba, Debbie Rosalyn			Geelong Toastmasters Club
Adv Communicator Gold (ACG)	Hughes, Karl			Rowville Toastmasters
Adv Communicator Gold (ACG)	Smith, Michelle K.			Leadership SA Toastmasters Club
Adv Communicator Gold (ACG)	Wilson, David Hugh			Southern Cross Toastmasters
Competent Leader (CL)	Goh, Gary			Monash Toastmasters Club
Adv Leader Bronze (ALB)	00613665 - Name unavailable			Maccabi Toastmasters
Adv Leader Bronze (ALB)	01497753 - Name unavailable			Adelaide Central
Adv Leader Bronze (ALB)	Summers, Diana R.			North Melbourne
Adv Leader Silver (ALS)	Vandenberg, Anna			Glen Iris Toastmasters Club
Dynamic Leadership (DL1)	Martin, Michel			CPA Toastmasters Club
Dynamic Leadership (DL1)	Saqib, Syed Muhammad			Glen Waverley Club
Dynamic Leadership (DL2)	Prabhu, Raghu			Ringwood Toastmasters Club
Effective Coaching (EC1)	Fildes, Michael A.			Speakers Corner Toastmasters Club
Effective Coaching (EC1)	Prabhu, Vimalata			Ringwood Toastmasters Club
Innovative Planning (IP1)	06859537 - Name unavailable			Whitehorse Club
Innovative Planning (IP1)	06926601 - Name unavailable			Ringwood Toastmasters Club
Innovative Planning (IP1)	Li, Jieli			Whitehorse Club
Innovative Planning (IP1)	Percival, Lucy Alexandra Beale			North Melbourne
Innovative Planning (IP2)	06727403 - Name unavailable			LMC Toastmasters Club
Innovative Planning (IP2)	Bilkens, Andris S.			Adelaide Central
Innovative Planning (IP3)	Mahesan, Shiranee			Rafters Toastmasters Club
Leadership Development (LD1)	06953780 - Name unavailable			Hawthorn Toastmasters Club Inc.
Leadership Development (LD1)	Malthouse, Jesse			Geelong Toastmasters Club
Leadership Development (LD2)	Brooke, Lucy Catherine			Rev-Anew
Motivational Strategies (MS1)	Sundararajah, Niruparaj			Ringwood Toastmasters Club
Motivational Strategies (MS2)	Simoes Vieira, Kelly Regina			Rafters Toastmasters Club
Persuasive Influence (PI1)	Donahoo, David			Ringwood Toastmasters Club
Presentation Mastery (PM1)	Blankley, John			Southern Cross Toastmasters
Presentation Mastery (PM1)	Kastelein, Nicholas Peter			Leadership SA Toastmasters Club
Presentation Mastery (PM1)	Moody, Andrea			Berwick Club
Presentation Mastery (PM1)	Westenberg, Clea			Parkville Toastmasters Club
Presentation Mastery (PM2)	Hayes, Greg P.			Diamond Valley Toastmasters Club
Presentation Mastery (PM2)	Lopez, Ava			CPA Toastmasters Club
Presentation Mastery (PM2)	Palor, Charmaine			Port Melbourne Toastmasters
Presentation Mastery (PM3)	Lim, Alan			CPA Toastmasters Club
Strategic Relationships (SR1)	Vieira, Pietra Simoes			Silver Service Toastmasters Club
Team Collaboration (TC1)	Brown, Sarah			nbn Toastmasters Club
Team Collaboration (TC4)	05252901 - Name unavailable			Adelaide City

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Speechcraft

Speechcraft is a short course run by Toastmasters that covers the basics of public speaking. It's been described as 'jet-powered learning' by participants, and typically runs for four, six or eight weeks. Group sizes are kept small – usually eight to twelve participants.

District 73 Toastmasters can also run a Speechcraft course at your work. Contact us and we can send a team of our experienced Toastmasters to your company so your employees can learn without even leaving the office.

What do we teach?

Taking a Speechcraft course will help you improve your communication skills and self-confidence. You will learn how to:

- deal with nerves and anxiety
- write and deliver prepared speeches
- improve your impromptu speaking ability
- learn how to give and receive feedback

For More Details on Available Speechcraft Courses.

[click here for SA](#)[click here for Tas](#)[click here for Vic](#)[Return to the Top](#)

A TOASTMASTERS PROMISE

As a member of Toastmasters International and my club, I promise...

- To attend club meetings regularly
- To prepare all of my projects to the best of my ability, basing them on the Toastmasters education program
- To prepare for and fulfil meeting assignments
- To provide fellow members with helpful, constructive evaluations
- To help the club maintain the positive, friendly environment necessary for all members to learn and grow
- To serve my club as an officer when called upon to do so
- To treat my fellow club members and our guests with respect and courtesy
- To bring guests to club meetings so they can see the benefits Toastmasters membership offers
- To adhere to the guidelines and rules for all Toastmasters education and recognition programs
- To act within Toastmasters' core values of integrity, respect, service and excellence during the conduct of all Toastmasters activities

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The Southern Cross values your input. If you have a Workshop, Special Event or something wonderful to share with the other members of District 73, contact the [Southern Cross editor](#).

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